

An evidence-based structured mentoring program...



...building trusting relationships



...tracking student data (tardies, absences, behavior referrals, etc.)



...enhancing student engagement at school and with learning



### What people are saying—

“While Check & Connect is structured, it is also flexible in using the resources that currently exist in a school. This combination of structure and flexibility make it very ‘user friendly.’”

- Martha Essenmacher, Behavior Specialist,  
Maryland State Department of Education

“Many schools I work with acknowledge the need for a mentoring program but they feel exhausted at the suggestion of asking their teachers to do ‘one more thing.’ Check & Connect can help bring schools and communities together in an effort to turn the exhaustion into action and data to validate their efforts and successes.”

- Lois M. Jones, School Improvement Consultant,  
Missouri State University

“In 8th grade, I didn’t pass my reading or math [state exam] so I had to take it in high school. . . . Because of Check & Connect and being connected with [my mentor], she helped me review the math test, she helped me with my writing skills, and she helped me with my reading. So in my sophomore year I passed both of them, and I was really happy, because of her help.”

- Jessica, Check & Connect participant,  
St. Paul, MN

### Visit us online for more information

<http://checkandconnect.umn.edu>

Call 1-866-434-0010 (toll free)

Email [checkandconnect@umn.edu](mailto:checkandconnect@umn.edu)



## Check & Connect

A comprehensive student engagement intervention

A K-12 intervention model to promote **student engagement at school** and **with learning**



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## Core Components of Check & Connect

Check & Connect is a comprehensive intervention designed to improve student engagement at school and with learning for marginalized, disengaged students in grades K-12, through relationship building, problem solving and capacity building, and persistence. It has **four** components:

1. **A mentor** who works with students and families for a minimum of two years;
2. **Check** — regular checks, utilizing data schools already collect on students' school adjustment, behavior, and educational progress;
3. **Connect** — timely interventions, driven by data, to reestablish and maintain students' connection to school and learning and to enhance students' social and academic competencies; and
4. **Engagement with families** — mentors engage with parents and strive to foster their active participation in their child's education.

## Grounded in Research

Check & Connect was developed through a partnership between the University of Minnesota's Institute on Community Integration and Minneapolis Public Schools. Since its inception in 1990, Check & Connect has been studied and implemented with K-12 students with and without disabilities, in suburban and urban settings. Check & Connect is currently being implemented by schools and community organizations across the United States as well as abroad.

**U.S. Department of Education's What Works Clearinghouse, Check & Connect is the only intervention found to have strong evidence of positive effects for staying in school.**

## Interested in adopting Check & Connect at your school or organization?

The University of Minnesota offers a manual, "Implementing with Fidelity," as well as training, consultation, and technical assistance to help you implement Check & Connect. Trainings are offered periodically in Minneapolis, MN and can also be provided at your school or organization.



## For more information

Web [checkandconnect.umn.edu](http://checkandconnect.umn.edu)  
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## Check & Connect is...

- A student engagement intervention
- Focused on dropout prevention
- Implemented by a trained mentor
- Individualized and data-driven
- Evidence-based (researched since 1990)
- Used as a stand-alone model or with existing initiatives (PBIS, RtI, etc.)

## Demonstrated outcomes

**Increases in students':**  
 Attendance  
 Persistence in school  
 Credit accrual  
 School completion rates



**Decreases in students':**  
 Truancy  
 Tardies  
 Behavior referrals  
 Dropout rates

